

Terms & Conditions regarding RTT Hypnotherapy for Shantea Therapy , provided by Lucia Popovicova

Lucia Popovicova RTT Therapist – Hypnotherapist (continues as “Provider”) offers hypnotherapy using the unique Marisa Peer Method RTT Hypnotherapy . Only 1 session is generally required per issue, however some clients may need 2, and occasionally 3 for more deeply rooted issues.

Hypnosis is entirely natural, safe and relaxing. You will remain in complete control throughout. In hypnosis the client is regressed back to childhood memories to help discover the root cause of the issues. Then the client and Provider will work together in hypnosis to get an understanding of where the belief, behaviour originated, with the view to changing it.

Please note, hypnosis alone is no guarantee of success. The client needs to want the change and be open and willing and motivated to want the change via hypnosis. The client agrees to participate in the recovery, therefore on the daily listening of the hypnotic meditation recording, in a duration of minimum 21 days, minimum once a day, for the best results.

The information, techniques, methods, recommendations by Provider are not intended to substitute for the diagnosis and care by a qualified physician/GP, nor to encourage the treatment of illness by persons not recognizably qualified. If the client uses hypnosis and is under medical care for ANY condition, does NOT make adjustments to ANY prescribed medication without the approval of his/ her doctor. If in any doubt, the client should seek his/her GP's advice. All client data is kept strictly confidential.

For purposes of remote, internet Skype or Zoom hypnosis sessions you, the Client agrees:

- o 1) That the client is not suffering from any diagnosed psychiatric condition, psychological illness or epilepsy and is not under the supervision of a psychiatrist.
- o 2) That the client provided the correct address and contact details of his / her online location.

- o 3) That the client will take part in all sessions free from the influence of either alcohol or drugs and will provide a list of any prescription medicines he/she is currently taking.
- o 4) That the client will ensure that the environment in which sessions are undertaken shall be safe and free from distractions and will inform the Provider if there is anyone else present or monitoring the session.
- o 5) That the client will not record the session (either by sound or visual means) without prior permission from the Provider
- o 6) That the client understands and accepts that the Provider may terminate the session without warning if the Provider should determine that the session has been scheduled for some purpose other than to receive therapy, and that should this occur, the client will remain liable for any session fee that may have been paid in advance.
- o 7) That the client provides a back-up number or text arrangement in case of technology failure, and a third-party emergency contact number.
- o 8) That all our sessions are video recorded by Provider
- o 9) That the client paid for the appointment at least 48 hours, prior to the scheduled appointment.
- o 10) That all documents, applicable to sign and send, are provided at least 48 hours prior to the scheduled appointment

Caution: Epileptics are generally advised not to enter hypnosis, nor is anyone with a diagnosed psychotic illness.

I can confirm that I have read the above and understand the process of hypnotherapy and accept these terms and conditions.

Client printed name :

Client signature :

Provider name:

Provider signature:

Date: